# THE USUAL SUSPECTS





**FOOD ALLERGY AWARE** www.foodallergyaware.org.au

**NATIONAL ALLERGY COUNCIL** www.nationalallergycouncil.org.au

#### Food allergy is a serious issue

**Know** WHAT IS IN YOUR FOOD

Be 100% TRUTHFUL

**Prepare** FOOD SAFELY

**Understand** THE CONSEQUENCES

## What to do if a customer has an allergic reaction

### **CALL 000**

#### While waiting for the ambulance to arrive

- Lay person flat, do not allow them to stand or walk. If breathing is difficult allow to sit on the ground with legs outstretched.
- Follow customer's ASCIA Action Plan for Anaphylaxis (if they have one) and administer adrenaline (epinephrine) injector following instructions on the Plan.



